



Canteen Menu... 3rd Term 2017

G=Green Food and Drinks Encourages and Promotes Healthy Eating

A=Amber Eat in Moderation

Open Monday, Wednesday and Friday from 8.30am for Morning Tea and Lunch ☺

Save time order online Go to www.flexischools.com.au
Click *Register Now* Enter your email and follow the prompts

Morning Tea ☺ → Pre Order Before School to Avoid missing out on your favourite	G	Small Warm Cheese ball	\$1.00	G	½ Custard Cup	.50c
	G	Warm Cheesy Sub	\$1.50	G	Chocolate Yogo	\$2.00
	G	Spaghetti + Cheese on Toast	\$1.00	G	Milk Sipahh	\$2.00
	A	Hash Brown	\$1.20	G	Milk Milo ½ Cup	.50c



Free Fruit is Available from The Canteen

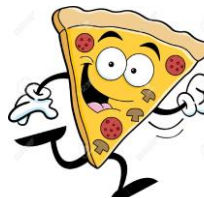
↓ **Everyday Lunch** ↓



G	Homemade Shepherd's Pie	\$5.00
G	Homemade Honey & Soy Chicken and Rice	\$4.00
G	Homemade Roasted Pumpkin Soup	\$3.00
G	Toasted Ham and Cheese	\$4.00
G	Hot dog with Tomato sauce	\$4.00
G	Cheesy Sub with Baked beans	\$2.50
G	Baked Potato with Cheese	\$4.00
G	Add Chicken or A Bacon	\$4.50
G	Cheesy Sub with Spaghetti	\$2.50
A	Nacho's	\$5.00

Free Salad if Required		Sandwich	Roll
G	Ham	\$3.50	\$4.20
G	Chicken	\$4.00	\$4.70
	Tuna		
G	Egg	\$3.50	\$4.20
G	Cheese	\$3.50	\$4.20
G	Salad	\$3.00	\$3.70
G	Vegetemite	\$2.20	\$2.90
Would you like to add your Favourite.....			
G	Egg		.50
G	Beetroot		.50
G	Cheese		.50
A	Mayonnaise		.30

Free Raffle Ticket With Every Monday's Lunch Order ☺



Everyday Drinks ↓

G	Chocolate, Strawberry, or Banana Milk 300mls	\$2.20
G	Milk Sipahh..... Choose your Favourite at lunch	\$2.00
G	Water	\$1.50
A	Apple, Paradise Punch or Orange Juice	\$1.50

Monday Specials ↓

Homemade
G Chicken Noodle Soup **\$3.00**
A Sonja's Chicken Parmigiana **\$4.00**



Free Salad if Required

Wednesday Pizza Specials ↓

- G Pizza with Cheese **\$2.50**
- G Ham and Cheese **\$3.00**
- G Ham, Cheese, Tomato and Pineapple **\$3.50**
- G Chicken, Ham, Cheese, Tomatoe, Pineapple, Mayo **\$4.00**

Friday Specials ↓

- A Party Pie **\$1.50ea**
- A Beef Pie **\$4.00**
- A Sausage Roll **\$4.00**
- A Tomato Sauce **.50c ea**
- A Macaroni Cheese **\$4.00**
- G Freshly Baked Muffins **\$1.00**