



Canteen Menu... 1st Term 2018

G=Green Food and Drinks Encourages and Promotes Healthy Eating

A=Amber Eat in Moderation

Monday, Wednesday and Friday from 8.30am for Morning Tea and Lunch ☺

Save time order online Go to www.flexischools.com.au
Click *Register Now* Enter your email and follow the prompts

Morning Tea ☺ → Pre Order Before School to Avoid missing out on your favourite	G	Small Warm Cheese Ball	\$1.00	G	½ Custard Cup	.50
	G	Warm Cheesy Sub	\$1.50	G	Watermelon	.50
	G	Spaghetti + Cheese on Toast	\$1.00	G	Milk Sipahh	\$2.00
	A	Hash Brown	\$1.20	G	Milk Milo ½ Cup	.50



Free Fruit is Available from The Canteen

↓ **Everyday Lunch** ↓

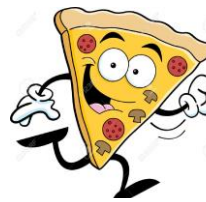


G	Spaghetti Bolognese	\$4.00
G	Homemade Honey & Soy Chicken and Rice	\$4.00
G	Cheese Burger (Add salad on request)	\$4.00
G	Toasted Ham and Cheese	\$4.00
G	Hot Dog with Tomato sauce	\$4.00
G	Cheesy Sub with Baked beans	\$2.50
G	Fruit Salad (Sml)	\$2.50
G	Fruit Salad (Large)	\$4.00
G	Cheesy Sub with Spaghetti	\$2.50

Free Salad if Required		Sandwich	Roll
G	Ham	\$3.50	\$4.20
G	Chicken	\$4.00	\$4.70
G	Egg	\$3.50	\$4.20
G	Cheese	\$3.50	\$4.20
G	Salad	\$3.00	\$3.70
G	Vegetemite	\$2.20	\$2.90

Would you like to add your Favourite.....

G	Egg	.50
G	Beetroot	.50
G	Cheese	.50
A	Mayonnaise	.30



Everyday Drinks ↓

G	Chocolate, Strawberry, or Banana Milk 300mls	\$2.20
G	Milk Sipahh..... Choose your Favourite at lunch	\$2.00
G	Water	\$1.50
A	Apple, Paradise Punch or Orange Juice	\$1.50

Monday Specials ↓

A Sonja's Chicken Parmigiana
\$4.00
Free Salad on request



Wednesday Pizza Specials ↓

- G Pizza with Cheese \$2.50
- G Ham and Cheese \$3.00
- G Ham, Cheese, Tomato and Pineapple \$3.50

Friday Specials ↓

- A Party Pie \$1.50
- A Beef Pie \$4.00
- A Home Made Mini Sausage Roll \$2.00
- A Tomato Sauce .50
- G Freshly Baked Muffins \$1.00